

Neck/Arm Peanut Pillows

Materials

- Fabric (no polyester!) and Matching Thread
- Sewing Needle
- Polyester Stuffing
- Sewing Machine
- Scissors or Rotary Cutters

Directions

- 1) Using the pattern to the side, cut 4 pieces ON THE FOLD for each pillow.
- 2) With right sides together, sew two pieces together. This is one half of the pillow.
- 3) With right sides together, sew remaining two pieces together. This is the other pillow half.
- 4) Open each pillow half, place the two pieces with right sides together and stitch edges, leaving an opening to stuff.

